Hypertension

Blood Pressure Control

< 140/90 mm Hg controlled
Members ages 18–85 who had a diagnosis of hypertension and whose blood pressure was adequately controlled (<140/90 mm Hg) during the measurement year

CPT® Category II Code(s)			
Systolic < 130	3074F	**Diastolic < 80**	3078F
Systolic 130–139	3075F	**Diastolic 80–89**	3079F

Remote Blood Pressure Monitoring

CPT® Codes		
99221-23	99238-39	99281-85
99231-36	99252-55	99291

Quality Tips:

- If blood pressure is elevated, retake it. The taken combination of lowest readings during a visit is acceptable.
- Ensure that the blood pressure cuff is the correct size for the patient's arm, and that it is providing accurate readings.
- Do not round numbers up when using an automatic blood pressure machine.
- Review patient's medication list every visit.
- Educate patients on the importance of medication compliance.
- During telehealth or telephone visits, allow readings taken by a member with any digital device.
- During telehealth or telephone visits, exclude readings taken by a member using a non-digital device, such as a manual blood pressure cuff and stethoscope.

Prescription Monitoring

Renin Angiotensin System Antagonists (PDC-RASA)
Members who are 18 or older and who were on a renin angiotensin system antagonist medication at least 80% of the days from the first fill through the end of the year

Direct Renin Inhibitor Medications and Combinations
aliskiren (+/- amlodipine, hydrochlorothiazide)

Angiotensin Receptor Blocker (ARB) Medications and Combinations
azilsartan (+/- chlorthalidone)
candesartan (+/- hydrochlorothiazide)
eprosartan (+/- hydrochlorothiazide)
irbesartan (+/- hydrochlorothiazide)
losartan (+/- hydrochlorothiazide)
olmesartan (+/- amlodipine, hydrochlorothiazide)
telmisartan (+/- amlodipine, hydrochlorothiazide)
valsartan (+/- amlodipine, hydrochlorothiazide, nebivolol)

Angiotensin-Converting Enzyme (ACE) Inhibitor Medications and Combinations
benazepril (+/- amlodipine, hydrochlorothiazide)
captopril (+/- hydrochlorothiazide)
enalapril (+/- hydrochlorothiazide)
fosinopril (+/- hydrochlorothiazide)
lisinopril (+/- hydrochlorothiazide)
moexipril (+/- hydrochlorothiazide)
perindopril (+/- amlodipine)
quinapril (+/- hydrochlorothiazide)
ramipril
trandolapril (+/- verapamil)

NOTE: The information listed here is not all-inclusive and should be used as a reference only. Please refer to current ICD-10/CPT/HCPCS coding and documentation guidelines found at cms.gov. HEDIS® measures can be found at ncqa.org.

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